



KYLECARES

IMPACT REPORT



KYLECARES



Dear Friends,

As KyleCares enters our 5th year, we look back on our first four years with pride and gratitude, along with a determined resolve to continue our work to support youth mental health. You, our partners, sponsors, and donors have contributed so much to our success. This report shares encouraging news about the progress you have made possible.

Since our founding, we have grown from working on a school-by-school basis to support youth in southeastern Massachusetts, to building **regional partnerships** with school networks across New England. Through these partnerships, our reach has spread—stretching across Massachusetts, dipping south into Rhode Island, and as far north as Maine. As we grow, we are creating a sea change in how schools and youth think about mental health.

Underlying our success are key partnerships with unparalleled experts in the youth mental health space—Active Minds, The Jed Foundation, Minding Your Mind, Samaritans, and Healthy Minds Network. These organizations offer a powerful mix of evidence-based programming and resources that we leverage in our work with schools across New England. Together, we have transformed school cultures and created supportive environments for thousands of students.

While we are proud of what we have accomplished in the past four years, we have more work to do. We are in the midst of a **nationwide youth mental health emergency**. Rates of teen anxiety, depression, and loneliness have never been higher. We remain steadfast in our objective to lead candid conversations about mental health and reduce self-harm and suicide by making sure every young person feels empowered to ask for help.

From all of us at KyleCares, **thank you for the difference you've made in the lives of teens and young adults who want, and need our support the most.**

With sincere appreciation,

A handwritten signature in blue ink, appearing to read "Jim Johnson". The signature is fluid and cursive.

YOUTH MENTAL HEALTH: AN UNPRECEDENTED CRISIS



49%

OF ADOLESCENTS HAVE
EXPERIENCED A MENTAL
HEALTH DISORDER



2/3

STUDENTS DO NOT SEEK HELP
FOR MENTAL HEALTH ISSUES



SUICIDE IS THE

2ND

LEADING CAUSE OF DEATH
IN 15 -24 YEAR OLDS

OUR IMPACT:



50,000+

STUDENTS REACHED
THROUGH STIGMA BREAKING
AND AWARENESS BUILDING



2,000

SCHOOL TEACHERS & STAFF
RECEIVED MENTAL HEALTH
TRAINING



900

PARENTS ACCESSED
PROGRAMMING ABOUT
ADOLESCENT MENTAL HEALTH



199

MENTAL HEALTH
EDUCATION PROGRAMS
FUNDED



70

SCHOOLS STRENGTHENED
MENTAL HEALTH
STRATEGIES



200

COACHES TRAINED IN
MENTAL HEALTH LITERACY

ABOUT KYLECARES

KyleCares aims to eliminate student self-harm and suicide by creating school environments where students and their caregivers have the confidence and support to seek help without shame or hesitation

KyleCares is helping schools, students and parents respond to the youth mental health crisis by:

- **Connecting & Facilitating** partnerships between schools and leading mental health experts to develop comprehensive school-based mental health strategies
- **Funding** educational programs for school faculty, administrators, parents and students
- **Convening** youth in a peer-to-peer movement to break down stigmas and build awareness, visibility and allyship to support youth mental health



KyleCares was founded in honor of Kyle Johnson, a beloved son, brother, and friend. Kyle was gregarious, funny, compassionate and kind, and was naturally inclined to help others in need—even as he experienced his own challenges with mental illness. Kyle was deeply

committed to lifting the stigma surrounding mental health conditions. Kyle died by suicide in 2018 at the age of 19. His foundation works to carry out his wish to help youth talk openly about mental health and suicide, and find the support they need.

SOLUTIONS FOR SCHOOLS

More than 70 schools across New England have accessed evidence-based mental health resources and programs because of KyleCares.

For example, since 2019, KyleCares has partnered with Millis High School to connect the school with a collection of mental health programs and experts including The Jed Foundation, Samaritans, Minding Your Mind, Active Minds, and Healthy Minds Network. KyleCares invested more than \$15,000 in the school to support:

- A three year comprehensive mental health strategy
- Suicide prevention training for staff and students
- Seminars for parents to help them talk to their teens about mental health
- A Young Adult Speaker to hold a candid conversation with students about living with mental health conditions while leading happy, productive, fulfilling lives
- The launch of a student-led Active Minds Chapter to advocate for mental health awareness on campus



“Without the support of a trusted partner like KyleCares bringing us these well-vetted providers and helping us understand how their programs are interrelated, I don’t know if we would have ever connected with these resources.”

- Mark Awdycki

Millis High School Principal

TEEN LEADERS: STAND UP & SPEAK OUT

KyleCares is bringing together young people to change the conversation around mental health. KyleCares has provided grants to launch 22 Active Minds Chapters in New England high schools and colleges. Active Minds Chapters are youth-led, campus-wide initiatives to breakdown stigma and educate youth about mental health.

In April 2023, KyleCares partnered with the New England Patriots Foundation to convene the inaugural KyleCares Conference. Four hundred young leaders from Active Minds Chapters launched by KyleCares assembled at Gillette Stadium to make connections, learn from experts and have open and honest conversations.



“We want to help change the culture of mental health at our school. We want to begin the conversation. We want to encourage people to seek help and open up and talk about their mental health. We want to grow awareness about the resources available in our school.”

- Active Minds Chapter Leaders
Durfee High School

STUDENT-ATHLETES: TACKLING STIGMA

Student-athletes—while no more immune to mental health challenges than other youth—are often more reluctant to ask for help.

KyleCares is building partnerships with high school athletic leagues, including the Dual Valley Conference, Hockomock League, Massachusetts Interscholastic Athletic Association, and the Tri-Valley League to help make mental health a focus of their work with student-athletes, athletic directors, and coaches throughout the region.

KyleCares' Impact on Student-Athletes:

- Led mental health education and suicide prevention sessions at 2 regional student-athlete summits
- Provided mental health literacy training for 200+ coaches across 20 schools
- Launched athlete-led Active Minds chapters in 8 schools



The KyleCares-WeCare Campaign:

The KyleCares-WeCare Campaign gives schools and students tools to tear down harmful mental health stigmas and promote wellness and self-care. Twenty-four high schools have adopted the KyleCares-WeCare campaign, hosting mental health education events including awareness activities at sporting events.

BOARD OF DIRECTORS

JIM JOHNSON

SUE JOHNSON

KATIE JOHNSON

LAUREN JOHNSON

LISA BURNS

KEVIN GRISWOLD

JESSE MATTLEMAN



KYLECARES
I CARE.
DO YOU CARE?

The Kyle Johnson Foundation

Visit

www.kylecaresinc.org to find
out how you can help.

THANK YOU TO OUR SUPPORTERS

KyleCares gratefully acknowledges the generosity of the individuals, foundations and corporations who have supported our mission for the last four years.

Sponsors

Anonymous
Battery Global Advisors
The Bolt Family Foundation
Avery Dennison
The Richmond Group
Paul & Karyn Staubi
The Wagner Family Foundation

Amica Companies Foundation
Anonymous
Chair Fair
Gildea Family Foundation
Alyssa Gutaszkas Memorial Fund
Homebridge Financial Services, Inc
Estate of George O Johnson, Jr
North Attleboro High School

Anonymous
Aroogas
Athletes Acceleration
Bank of America Charitable
Foundation
Bay State Physical Therapy
Kathryn Bolton
Brennan's Auto Service
Armand and Michele Brunelle
Cassie's Cause
Consigli Foundation, Inc
Todd, Lynne, & Sydney Croteau
Depco Enterprises, Inc
Doucette Family
Erica Johnson Design
Kathie & Tyler Falcone
Fracht FWO Inc
Gaumonds Auto Body
Tighe & Lisa Gillis
Hockomock Area YMCA

The Ivanoski Family
JJS Memorial Fund & Strachan
Family
Donald & Patricia Johnson
The Jack Johnson Family
Scott & Lisa Johnson
Jerome, Chelsea, Grace & Lillian
Kennedy
The Ladies of Sigma Phi Gamma -
Omicron Beta Chapter
Anna McDonnell
David & Lynne Mello
Millis Mohawks Boosters
Monday Night Gridiron Club
NAJF, Inc
The Nakamura Family
The Rollins Family
Saunders Hotel Group
State Street Foundation
STPTR Family Fund
Steve & Darah Vacher Family
Vineyard Brothers, LLC
Michael Weber

3-Phase Elevator
Herbert Aikens
The AMAZING Campaign
Anonymous
Anne Aussant
Richard Britz & Friends
Championship Award-Guys
Christopher Cornetta Foundation
Comprehensive Wealth Planners at
Dean Bank
Allison & Bryan Devine
DGJG Inc
Stephen Doherty
Shawn Elliott

The Fiske Family
Paul Fournier
Hayley Gentile
Caroline Gorton
Todd, Curt, Jill & Joan Grosse
Courtney Hanney
Hilliards Chocolates
iAutomation
Christopher Jacquot
Elizabeth & James Kallfelz
Heather & Tony LaFreniere
Leahy, Cody & O'Donnell, LLC
Majestic Construction, Inc
Mansfield Bank
Sarah Marcone
The McClanan Family
Meghan Mureddu
North Attleboro Gas & Service
North Attleboro High School
Students 2021
Tim Nordbeck
Carol O'Connor
Timothy O'Connor
Pawtucket Credit Union
Plumbers & Gas Fitters Local Union
12
Richard Poirier
Prime Interior Contractors, Inc
R.S. Gilmore Insurance Agency
Sue's Cleaners
The Tim Rubin Family
Leah & Mark Spitzer
Renee & Frank Strachan
Christine Sullivan
Sysco Corporation
Lori Viglone
Gary Walker
Adam Welcome

Robert Wilkie
Lily Zygmuntowicz & Madison
Mooney

Donors

Stephanie & Matt Albertini
Barrett's Alehouse
Atlantic Insurance Group Agency,
Inc
Beth Barac
Anthony Calcia
John & Sue Casey
Marcia Caster
Joseph Clancy
Jared Colombo
Krystle Cornetta
Richard Deitrick
Patricia Dennis
Joe & Roxanne Dery
Alex Dion Giving Fund
Julie Drummond
Amy Dwyer
Beth Elliott
Lisa & Erik Everton
Joe Flaherty-Fidelity Team
Barbara Gagne
Kevin Gallagher
Lisa & Mike Gallagher
Judith Griswold
Doug & Patty Grosse
Maureen Hailer
Daniel Harrington
Scott Harrington
Sandy Hayes
Linda Henriksen
Craig Herman
John & Pam Holden
Adam Hughes
Richard Jost
Michelle & Tom Kelley
Kevin Kontos
The Lougee Family
Ann Marie & Ron Lucas
Bob & Pam Lucas
Robert & Shannon MacGregor
Melissa Marshall

Jesse Mattleman
Michael McKenna
Jeff Nally
Nobles Day Camp
North Attleboro High School Class
of 2019
North Attleboro High School Field
Hockey Team
City Spirits II
Popowitz Family Charitable Fund
Dave Quist
Lyndsey Rasicot & Evan Locke
James & Jennifer Reardon
George & Lorraine Rubin
Wendy Rundle & Jon Mattleman
The Sankey Family
Joseph Scipione
Mark Sinacola
Kyle Thibodeau
William Welch
Olivia Zitoli

Dave & Pam Achin
Ed & Gail Albertini
William Anderson
Kyle Aucoin
Daniel Baker
Luke & Rebecca Baril
Elaine & Bill Beaudoin
Boch Nissan South
Boch Toyota South
Regina Boffi
Nicole Bonanno
Lisa Bordeleau
Bottomline Technologies
Danielle & Adam Breton
Barrie Brian
Linda Brian
Darryl Brian
Kathie Brodfuhrer
Susan Brown
Nancy Burns
Meg Camire
Karen & Rabin Chandran
Dave & Tracey Chretien
City Spirits

Jack & Joan Colletto
Alison Connolly
Mary Beth Connors
Cheryl Connors
Bill Copley
Shawn & Sharon Costello
Mary D'Amico
Leslie & Dale DaCosta
Joseph Dardeno
Dave's Journey Fund
Courtney Delfino
Wayne DeMond
Leo Dery
Jodi Dion
Joseph DiRenzo
Maureen Doherty
Cynthia Duffy
Mark Ellis
Alise & Tim Fandel
Jeffrey Feingold
Daneen Ferreira & Sonny Almeida
Michael Fournier
Mark & AnnMarie Gallagher
Christopher Garnett
Ryan Geehan
Steven Gelinis
Bob Gerardi
Karen Girouard
Julia Glennon
Johanna & Martin Grealish
Mark Grumoli
Deborah Hargrave
Kathryn Held
Dave & Terry Herman
Levi Hickson
Cheri Holden
Alan Holmlund
Steven Hunt
Christine & Bob Iaconis
Ernie & Pat Iaconis
Claudia Inglese
Interstate Electrical Services
Barbara Ivory
Erika Jacques
Dean & Dianne Joyce
Glenn Karaban

The Kayata Family	Mary Puccio	Meagan Burke
John & Dana Kleczkowski	Thomas Puccio	Lisa Burns
Knights of Columbus - CA	Kimberly Ralph	Jacob & Magaret Camara
Diane LaBossiere & Lorena Zisk	Realejo 4 MA 2	Colleen Carberry
Claude LaBossiere & Family	Brian Rezendes	Amy Chagnon
Aaron Labossiere	Laurie Rich	Kayla Cobb
Denis Laferriere	Rogers High School Cheerleaders	Kim Comatas
Ryan Lafferty	Christopher Rushlow	Wendy Conway
The LaFreniere Family	Casey Salvatore	Janine Corneau
Lauren Laidlaw	Nichole Sarkis	Samantha Cote
Bill Larocque	Steve Schooley	Veronica Coyle
Melanie Larson	Jordan Sharpe	Sandy Crear
Melanie & Dave Larson	Karyn Spaulding	Creating Healthier Community
Terry & Bill Lavery	Lacey Spence	Merritt Crowley
Matthew Leavitt	Brett Sro	The Curren Family
Francesca Lorusso	Jesse Stilwell	Lynda Damico
Matthew Lougee B'nai Tzedek Fund	Jordan Tassone	Diane Dardeno
The Mark Lucas Family	Kevin Tremblay	Glenn De Noble
Mary MacDonald	Michele Trimbach	Evan Dean
Mackie's Restaurant	Scott Ulrich	John Dempsey
Colleen Mahoney	Jim Veilleux	Sarah Dery
Laura Malone	William & Donna Vine	Emma Desjardin
Glen Markey	Sandra Wetherby	Stephen & AnnMarie Devine
Kerry Masone	Taylor Wetherby	Barbara DiDio
Laura McCarthy	Andrea Willard	Remi DiRe
Lori McCluskey	Women in Development of Greater Boston	Dana Donovan
Anne McGrail		Patricia Dowling
Susan McInerney		Erin Downing
Reagan, McKenzie & Addison Lucie	Morgan Achin	Mary Duggan
Christopher Medeiros	Jillian Albee	Erica Dunn
Cayla Mello	Linda Anderson	Michael Farrell
Jeff & Rose Meropol	Erica Anderson	Sean Farrell
Robert Miller	Sophia Augoustakis	Leslie Feid
Jamie Mineart	Katelyn Babb	The Fein Family
Laurie Mitchell	Matthew Baber	Rebecca Fein
Tammy Monahan	Ben Bagley	Joy Fekkes
Jennifer Morrison	Anonymous	Neil Fenton
Kevin & Gail Morrissey	Virginia Barnes	Mitchell Feuer
Bob Mullaney	Martin L. Barrett, DMD	Jeffrey Fisher
Brian & Linda Murphy	Tyler Bates	Edward Fitzpatrick
Nipmuc Regional Boys Lacrosse	John Bedard	Brendan Fitzpatrick
Stephanie Nixon	Carol Bogard	Patrick Flaherty
Gretchen Nolan	Dave Bourassa	Amy Foley
Pampered Chef	Andrea Brinkley	Donna Fong
Jill Pizarro	Deborah Budnick	Megan Fontaine
Betty & Kevin Poirier	Kim Burgess	Vicki Fournier

Kimberly Fox
Doug Fyffe
Suzanne Galvin
Sally Garrott
Marion Gerardi
Ann Gilligan
James Glennon
Tammy Gluchacki
James & Diana Gray
Diane Grenon
Sarah Griffin
Angela Griffin
Christina Guyton
Richard Hall
Meghan Hamilton
Michaela & Robert Harris
Stephanie Healy
Beth Hickey
Kerry & David Hoag
Kathleen Holbrook
Bridget Horrocks
Peter Inglese
Colby Johnson
Julie Johnson
Samantha Johnson
Rachel Joyce
Christopher Kelly
Mary Ellen & Phil Kelly
Megan Kelly
Noelle Kennedy
Bree Kieon
Haley King
Kristionna King
Randy-Lynn Kroll
Bob & Peggy LaFlamme
Ron & Shiril Laliberte
Paulette Leonard
Amy Levin
Gridiron Liquors
Allison & John MacDonald
John MacDonald
Paige Maceachern
Amy Machado
Stephanie Malouin
Erin Margolis
Katie McLaughlin

Jody Mercier
Paula Micciche
Gina Miceli
Kelly Moran
Robert Morris
Lawrence Morse
Domenic & Susan Mosca
Chris Mullaney
Julie Munkelwitz
Patrick Murphy
Katharine Nault
Heather Nickerson
Jeffrey Nollet
Christine Norek
Suzanne Norton
Ben Norton
Holly Nunan
Phillip & Kimberly Oliveri
Jane Packer
Michael Parker
Francine Patalano
Kaitlyn Paxton
Abby Pellegrino & Emily Glennon
Justin Perron
Bella Piazza
Mark Piselli
Gabrielle Pothier
Stacylyn Quaglia
Beverly Quinn
Shannon Raymond
Lupe Reckelbus
Erica Reed
Macey Reed
Jacob Rivello
Donna Rofino
Kathryn Rogers
Kelly Roy
Sydney Santerre
Kaylah Seavey
Zachary Sephton
Loren Sera
Cissy Sharpe
Sue & Albert Shaw
Holly Shurick
Leonard & Susanne Silva
Everett & Susan Skinner

Spratt Family
Dillon Stoddard
Cheryl Sullivan
Eoghan Sweeney
Walker Teso
Charles & Claudia Toolan
Jessie Toto
Neil Trainor
Robert Turcotte
Stephanie Turner
Garrett Vandette
Alex Ventola
Robert Vitale
Emily Vittorini
Jeanne Waxgiser
Madeleine Willett
Michele Witherell
Emily Wolfson
Lee Zazofsky

Grant Funders

Boston Red Sox Foundation &
Ruderman Family Foundation
Bluestone Bank
Bristol County Savings Charitable
Foundation, Inc

In-Kind Donations

AMGC Sports (Patrick Weir)
Attleboro Farms
Buddah's DJ Service (Shawn Pierce)
Championship Award Guys
Tyler & Kathie Falcone
Law Office of Randy J Spencer
Leahy, Cody, & O'Donnell, LLC (Rob
O'Donnell)
Patty Hitchcock Photography
Plainridge Park Casino
RJ Video Productions (Bob Jean)
Slowey Snaps Photography
Stacia Williams