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FOR IMMEDIATE RELEASE:

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KyleCares Announces Strategic Partnership with The Healthy Minds Network

Research organization translates data into actionable improvements for student mental health.

NORTH ATTLEBORO, MA (May 5, 2020) – May is Mental Health Awareness Month, and KyleCares, Inc. is excited to kick off the month by announcing a new strategic partnership with the Healthy Minds Network (HMN), one of the nation’s leading researchers on student mental health out of the University of Michigan’s School of Public Health (<https://healthymindsnetwork.org/>).

Through a rich array of research projects, including the Healthy Minds Survey which has been distributed to over 300 schools and 300,000 students over the past 10+ years, HMN serves as a critical resource for researchers, clinicians, secondary and higher education administrators, policymakers, and the public.

The Healthy Minds Survey is a 30-minute online survey designed to be completed by students to assess their mental health status, lifestyle behaviors, attitudes toward mental health, and help-seeking behaviors. KyleCares President Jim Johnson stated the survey “serves as another important tool for schools to utilize, as the information gathered helps schools develop and execute a well thought-out strategy based on evidenced-based data. Healthy Minds Network helps translate the data by identifying gaps, areas of need, and makes recommendations to a school for improvements in programs and policies to better support their students’ needs.”

KyleCares helps high schools and colleges in New England mobilize around the issue of mental health to support their students by connecting schools with mental health resources and service providers, facilitating long-term, comprehensive strategies to address student mental health, and funding school-based mental health education, awareness, and suicide prevention programs.

“For over ten years, the Healthy Minds Network has dedicated itself to improving the understanding and promotion of young people’s mental health. This work is not possible without a strong network of dedicated, talented partners. We are so grateful that we have found such a partner with KyleCares! We look forward to collaborating with them, leveraging their expertise in coordinating mental health work at schools to bring yet-underrepresented schools in the New England area into our research-to-practice network”, noted Peter Ceglarek, M.P.H. and Projects Manager & Research Specialist for Healthy Minds Network.

About KyleCares

KyleCares is a 501(c)3 non-profit organization dedicated to promoting open and honest communication about the mental health challenges teens and young adults face in today’s society. Our goal is to financially assist high schools, colleges and strategic partners with the implementation of mental health awareness and suicide prevention programs to better support students. See more information at www.KyleCaresInc.org.

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