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**FOR IMMEDIATE RELEASE:**

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## **KyleCares Announces Partnership with Minding Your Mind**

**NORTH ATTLEBORO, MA** (September 9, 2019) – KyleCares, Inc, a non-profit organization focused on mental health awareness and suicide prevention programs to support teens and young adults, is proud to announce our new partnership with Minding Your Mind.

“As we continue to focus our energy on financially assisting high schools and colleges throughout New England to implement programs to better support their students, Minding Your Mind offers a terrific continuum of school and community-based programming for students, their parents and caregivers, and professional development for school personnel”, noted KyleCares Board of Directors’ representative Lisa Burns.

Minding Your Mind (MYM) is a prevention-focused mental health education foundation with the goal to end the stigma and destructive behaviors associated with mental health challenges, encourage youth to get help, and ensure that those around them are equipped to provide support. MYM works to increase help seeking behavior, adaptive coping skills, and resiliency by cultivating a culture of compassion, openness, and advocacy. To date, MYM has completed over 5,500 presentations, and reached more than 715,000 individuals.

Recent 2019 KyleCares Grant recipients North Attleboro High School and Millis High School will each utilize portions of their funding on Minding Your Mind services such as the Young Adult Speakers Program and the Q.P.R Gatekeeper Training - a suicide-prevention training for faculty that teaches individuals how to manage a crisis situation when someone is actively experiencing suicide ideation.

### **About KyleCares**

*KyleCares is a 501(c)3 non-profit organization dedicated to promoting open and honest communication about the mental health challenges teens and young adults face in today’s society. Our goal is to financially assist high schools and colleges with the implementation of mental health awareness and suicide prevention programs to better support their students. We will assist schools directly or indirectly by establishing strategic partnerships with leading experts in this field. To learn more about KyleCares visit [www.KyleCaresInc.org](http://www.KyleCaresInc.org).*

### **About Minding Your Mind**

*To learn more about Minding Your Mind, visit [www.mindingyourmind.org](http://www.mindingyourmind.org).*